## Procedural Guidelines for Master's Thesis



School of Medicine

# Rapti Academy of Health Sciences

Ghorahi, Dang, Nepal

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#### Part I

- A. Title page
- B. Dedication (optional)
- C. Declaration of authenticity by student
- D. Certification/thesis approval by the Supervisor & HOD
- E. IRC Approval letter
- F. Acknowledgement
- G. Abbreviation
- H. Table of Contents
- I. List of Tables
- J. List of figures

#### Part II

Abstract

Introduction

Rational and Justification

**Objectives** 

Hypothesis

Materials and Methods

Results

Discussion

Conclusion

Limitations

Recommendations

References

Annexes

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## Guidelines for layout and format of thesis:

- 1. Preliminary pages should be numbered: i., ii., iii, iv, v, vi, etc. A page number should not be shown on the title page even though it is counted as i. Numerical page numbers should subsequently start (after the preliminary pages) beginning with the first chapter and continuing throughout all the chapters till the end. Similarly page numbers for the starting page of each chapter should not be shown.
- 2. Margins should be maintained on all pages as follows:

Left margin = 1.5" (wider for binding)

Top margin = 1"

Right & bottom margins = 1"

Paper size: A4 size paper

- 3. Page number should be placed at the **bottom**, **center** or **bottom**, **right** of page.
- 4. For labeling of Chapters and Sections follow the systematic order: Start with roman number (I,
  - 1. Chapter I
    - 1.1. Section 1
      - 1.1.1. Sub-section 1
      - 1.1.2. Sub-section 2, etc.
    - 1.2. Section 2
    - 1.3. Section 3, etc.
  - 2. Chapter II
  - 3. Chapter III, etc.
- 5. Use  $\underline{1.5}$  line spacing for all text in the main body of the thesis.
- 6. Use Times New Roman, first heading-16, second heading-14, text-12 and bold the headings.
- 7. The text should be justified.
- 8. Label Appendices or Annexes as: A, B, C, etc.; and give name (title) to each.
- 9. Label figure captions at bottom of the figure and according to the Chapter it appears in such as, Figure 1.1, Figure 1.2, Figure 2.1, Figure 2.2, Figure 3.1, etc. and should be aligned left at the

- 10. Label table headings at the top of the table and according to the chapter it appears in, similar to the figures, e.g., Table 1.1, Table 1.2, Table 2.2, etc. and should be aligned left at the top of the table.
- 11. Cite references and prepare the referencing list according to the Vancouver style.
- 12. The hardcover of the thesis should feature a black background with text in gold-colored font.

Sample Title Page

## "TITLE OF THESIS" (16)

A THESIS

SUBMITTED IN

# PARTIAL FULFILLMENT OF THE REQUIREMENTS FOR (14) THE MASTER'S DEGREE IN (programme name)

BY

Student's name



DEPARTMENT OF .....

SCHOOL OF MEDICINE

Rapti Academy Of Health Sciences, Dang,

Ghorahi Nepal

"Month and Year of completion"

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**DEDICATION** (Optional) (e.g., "Dedicated to my Parents, Teachers")

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#### **DECLARATION**

I, "student's name", hereby declare that the work contained herein is entirely my own, except where states otherwise by reference or acknowledgement, and has not been published or submitted elsewhere, in whole or in part, for the requirement for any other degree or professional qualification. Any literature, data or works done by others and cited within this thesis has been given due acknowledgement and listed in the reference section.

Signature
"Student's name"
Date:

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#### **CERTIFICATION**

This thesis titled "

#### Guide

Date:

Name:

Department:

School of Medicine

Rapti Academy of Health Sciences

#### Co-guide

Date:

Department:

School of Medicine

Rapti Academy of Health Sciences

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#### CERTIFICATION

This thesis titled " under the Department of, original work done by "student's name" in partial fulfil degree in "programme name", Rapti Academy Of Heal	satisfactorily, and is hereby certified as

#### **Head of the Department**

Date:

Name:

Department:

School of Medicine

Rapti Academy of Health Sciences

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## APPROVAL LETTER OF IRC RAHS

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#### **ACKNOWLEDGEMENTS**

{Example of Acknowledgements}

This study was carried under financial assistance of ...... project funded by

I am extremely thankful to my supervisor (s) "name with title", Department of "name of Department", Rapti Academy of Health Sciences, for their noble guidance, support with full encouragement and enthusiasm. I am grateful to "name with title", Head, Department of "name of Department", Rapti Academy of Health Sciences, for his/her valuable suggestions, ever encouraging and motivating guidance.

Very special thanks to team mates (name them individually) who were always there with me during sampling in the field as well as sorting and identification of the samples in the lab. Their company in the field and laboratory will be always remembered. I would like to acknowledge (name individual who have contributed significantly) for providing me his/her valuable suggestion regarding data analysis.

I would also like to thank (name individually) for assisting me in (state the task they supported). Last but not the least I would also like to thank all of my friends, family members for encouraging and supporting me whenever I needed them.

- July

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#### **ABSTRACT**

{Concise abstract of the thesis – should not exceed 500 words}

Include introduction, methods, results, conclusion and key words in abstract.

Key words: 3-5

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#### Introduction

Background of the study: This section should describe the main aspects of the topic and clearly establish the focus of the study. It should be based on factual information related to the topic. It should also mention the historical background of the problem, philosophical base, etc.

You should also include the operation definitions of your study variables and limit your study what it does not likely to explain.

Statement of the Problem: This is the main part of the introduction chapter. Its purpose is to establish research issue. Therefore, it is important that the problem statement be supported by evidence from a review of the literature. The problem statement section usually ends with research questions. You should establish the gap between the existing knowledge your problem.

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## Rational and Justification

Under this, the researcher should explain why this study is meaningful and useful for the readers or the related field. It should mention what the study can contribute to existing knowledge, current practices and policy making. Only possible and necessary things should be written here and unreasonable claims should not be mentioned.

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#### **Objectives**

The objectives of the study is to clearly state what the researcher wants to do and what his or her intentions are. The general purpose of the research can usually be stated in one or two sentences. Then specific objectives should be listed. In particular, the use of action verbs according to the design of the thesis is mandatory.

General objective:

Specific objectives:

1.

2.

3.

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#### Hypothesis (if necessary):

Research questions are an important aspect of the study. The research question should be related to the objectives. Research questions should be constructed by further specifying the objectives. Quantitative research may require hypotheses. A research hypothesis is a researcher's prediction of what they are trying to find out through research. This is a temporary answer to a researcher's research question that has not yet been tested. In addition, research questions or hypotheses should be constructed so that the variables are clear.

Null hypothesis (H0):

Alternative hypothesis (H1):

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#### **Materials and Methods**

This is the core part of the study. This should include the following sub-sections.

Study method

Study design

Study population

Place of Study

Duration of study and sample collection

Ethical clearance

Sampling method

Sample size

Selection criteria: inclusion and exclusion criteria

Study Variables

Tools and techniques of data collection

Management protocols for participants

Analysis of data

Study flow protocols, etc.

#### Results

Should summarize the findings of your analysis. Include figure and tables, if appropriate to explain the findings. Avoid repetitions. Make it relevant to your study objectives.

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#### Discussion

Explain your finding in comparison with your parent articles and literature reviews. This should show the purpose of your study, whether you explained your objective properly or not. Avoid unnecessary comparisons not related to your objectives.

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## Conclusion

Conclude your findings in short. Avoid data in conclusion.

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#### Limitations

What your finding fail to explain in the setting you conducted the study or how your findings could not be generalized to population.

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### Recommendations

What are your recommendations to overcome your limitations?

Or

How could the results have been achieved better?

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## References

Cite references and prepare the referencing list according to the Vancouver style.

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